



Mala Jayhindaran from Scotland.

IACD Mem.No: 3593

I, Mala Jayhindaran from Scotland, currently volunteering at few Organisations in Scotland and studying CLD course SCQF level 7 at Glasgow Kelvin College. I have been volunteering for the last three years at Central and West Integration Network (CWIN), Nourish Scotland, Interfaith Glasgow, ROSEMOUNT IT Learning Centre and African Challenge Scotland and has shown exceptional commitment. I bring positive attitude and a strong sense of justice.

I do a full day's worth of work volunteering in many organisations and combined with volunteering activities in other organisations. I worked on the Good Food Nation Bill campaign and joined marches for Scottish Independence. Despite being a member of one of the most vulnerable and disadvantaged communities I am making my mark, having my voice heard and joining in working towards social change in my host country. I worked as a social and community development worker for forty years, fifteen years of experience as a politician and five years of experience working as an information officer comes with public speaker for The Ministry of Communication and Multimedia Malaysia. Due to my social works and contributions to the Malaysian society I have been awarded a medal of honour and recognition from The 14th King of Malaysia HM Sultan Abdul Halim Mu'adzam Shah in 2013 and in 2019, I was nominated as a finalist for The CEMVO Scotland Ethnic Minority Impact Award under the health category for my contributions as a food researcher for the BAME communities.

Aside of volunteering on a weekly basis, I have also participated in community research project exploring food insecurity, diet and obesity. At the conclusive event of the project, I presented the findings of the research at Carnegie College Dunfermline in 2019. Before the summer in 2019, I have secured an overgrown plot of land on the Lambhill allotments site. I cleared much of the site with my son, created an opportunity for the community members to become involved with growing their own food. As well as working on the garden, I recruited community members for gardening sessions each Friday throughout the summer, thus created a wonderful opportunity to learn new skills, meet new people and benefit from activity outdoors. I also help Nourish Scotland by promoting, giving awareness, campaign and getting

people to sign petition about their good food nation policies. During this Covid-19 pandemic I was helping as one of the front liner at CWIN to prepare food parcels for 110 families every week by taking the challenge of my personal safety during this difficult year and I have received a "LOCK-DOWN-HERO" certificate for her valuable contributions.

As an experienced politician, political campaigner and an activist for social justice, I have registered myself as a SNP Party and SNP BAME member. I am keeping busy by helping, contributing and sharing all my knowledge and ideas to upgrade the betterment of the party and communities. I have learnt many skills through the CLD courses and now collaborating with other organisations and Campaigners on **“Asylum Seekers Right to Work”**.