



THE BEST INCLUSIVE PRACTICES 2018

#artinclusion #innovativeprojects #innovativesport
#creativeinclusiveteams #familyinclusionexperience

Our competition “**THE BEST INCLUSIVE PRACTICES – 2018**” united **130** unique social projects from **72** cities of Belarus, Georgia, Kazakhstan, Kyrgyzstan, Russia, Tajikistan, Uzbekistan and Ukraine.

We are happy to present you a catalogue with information about **35** projects-finalists in five nominations:

#creativeinclusiveteams
#innovativeprojects
#artinclusion
#familyinclusionexperience
#inclusivesport

Every project is priceless. Each story is about overcoming difficulties, victory over oneself, triumph of spirit. We publish detailed information about participants of this competition in social networks (**@inclusivepractices**), and we update it regularly. We are sure that everyone can find here not only an idea for inspiration, but partners to move forward together.

Information about all the projects submitted for the competition
is in our online catalogue:

<https://inclusivepractices.life/BIP>

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CREATIVE INCLUSIVE TEAMS

#creativeinclusiveteams
#thebestinclusivepractices
#competition2018



PERFORMANCE IN THE GENRE OF DANCE ON WHEELCHAIRS

«WE BELIEVE, WE HOPE, WE LOVE»

DANCE COLLECTIVE «STUPENI»
Cherepovets

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-01>

MISSION

- to bring the experience disabled people have to regular people in order to create a sense of responsibility for their own lives and for the lives of those around them
- to attract people who are capable of creating various joint creative, sports, cultural projects to work with disabled persons
- to let personal example of the project participants to show the possibility of a full active life, even with limited physical capabilities
- to overcome social alienation, to positively influence the spiritual component of public consciousness, to develop tolerance of the society in relation to disabled people, and, as a consequence, to assist in change of the public consciousness of the urban community
- to improve the social status of wheelchair users in the eyes of society, which will facilitate the possibility of integration

OBJECTIVES

- not only to show how healthy, prosperous persons had found themselves in wheelchairs, but also to demonstrate their will to live, energy, realized creativity
- to perform our show at concerts and theatrical stages of Cherepovets and Vologda (Russia), and later at competitions of various levels
- to organize volunteer groups with different orientations, capable to produce creative projects with disabled people in the future
- to demonstrate the capabilities of bright, creative, accomplished persons in wheelchairs to the other disabled people who are in a state of distress, and thus help them to outline brighter future prospects

TARGET AUDIENCE

The target audience of the project includes all participants and spectators of the theatrical production, which is at least 3 thousand people.



PROJECT SUMMARY

The concept of our project assumes that the play should help the audience to develop a sense of responsibility for their own lives and lives of those around them, understanding that each of us can find ourselves in a similar situation, to evoke emotions based not on purposeless pity and sentimentality, but an active desire to help, to unite in joint creative activity, or, at least, increase the tolerance of regular people around us.

At present, the society has come to understand the need to integrate people with persistent health problems.

Psychological aspect is one of the important moments of adaptation of disabled people in the world of regular people. Psychologists note, that regular people more likely to feel such emotions like compassion, curiosity and polite displeasure towards disabled people.

One of the most important factors for the integration of disabled people in the society is the attitude of a regular people towards them. The problem of raising the social status of mobility impaired people is not yet solved and is very relevant.

The ultimate goal of rehabilitation of disabled people is their social integration, ensuring their active participation in the main activities and life of the society, inclusion in social structures related to various spheres of human life - educational, labor, creative and others, intended for regular people.

Integration of disabled people into a particular social group or the society as a whole assumes they have to obtain the sense of community and equality with other members of the group and get the possibility of cooperation with them as equal partners.

We believe that not only people with disabilities can join the society, but society itself should also be ready to accept them, to get involved in their problems.

The most interesting and effective form to make significant impact on the audience is wheelchair dancing. This is one of the most attractive sports activities, it is aesthetically pleasing, evokes vivid emotions and emotional involvement of spectators, promotes more active rehabilitation, brings bright colors to the lives of people with disabilities.

One of the main tasks of wheelchair dancing is to teach people to be better, purer, to make them want to obtain higher life values and develop spiritually.

Dancing in wheelchairs is a method of rehabilitation of persons with disabilities, who received disability due to accidents, car wrecks, diseases, that led to disorders of the musculoskeletal system. This method allows to simultaneously strengthen physical capabilities and express the individual creative abilities of each athlete. All members of the collective «Stupeni» belong to this category. They are young, active, energetic, funny and talented people, who managed to overcome themselves and are able to convey their vision of the problem - how and why people become disabled and, most importantly, to warn the audience to be more responsible for their lives.

PERSPECTIVES OF DEVELOPMENT

Our development strategy is to increase the target audience, actively including schoolchildren, students, not only as spectators, but also as participants of the performance. We plan to conduct round tables at the end of the show. We'd like to gain access to the international audience.



INCLUSIVE SPACE

«YES, I CAN»

PUBLIC ORGANIZATION “HARMONY” AND “BOLERO”

Vinnytsa

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-02>

MISSION

To make an opportunity for dialog between disabled people and a society through inclusive creative space and promote development of understanding and trust through the art. We aim to erase discrimination between disabled and ordinary people under the slogan «We are one”.

OBJECTIVES

- to raise the profile of such a question as accessibility for people with disabilities in different cities on post-Soviet space
- to draw attention to the funding of inclusive arts in different states
- to inspire persons, experiencing psychological crisis, to take active approach to their lives
- to demonstrate to the society the professional quality of inclusive arts, without demanding adjustment for pity

TARGET AUDIENCE

People with disabilities and people from disadvantaged social groups, ages 7-55, any gender, average employment, with interest and desire to do artwork.

PROJECT SUMMARY

We create an inclusive space for persons wishing to try themselves as actors, playwrights and artists in the art of music, dance and literature. We hold theater evenings, produce performances, spectacles, as well as conduct master classes and seminars on the subject of art in inclusive space. Also we go on tours to other cities and countries.

Inclusive space is created as a means to inspire love of live, optimism, self-confidence, as well as a way of psychological support of people with disabilities and people from disadvantaged social groups.

PERSPECTIVES OF DEVELOPMENT

In 2018-2019 we plan to work on search for partners and grant money to get our own accessible venue and all necessary equipment.

In 2019-2020 we plan to give monthly performances and semi-annual spectacles on stages of theaters in cities of different countries like Ukraine, Russia and etc.



THEATER STUDIO «RAMP»

FOR DISABLED YOUNG PEOPLE AND THEIR PARENTS

UNION OF PARENTS OF DISABLED YOUNG
PEOPLE “PERSPECTIVE”

Cherkasy

*Online info
(including photo and video)*
<https://inclusivepractices.life/BIP/F18-03>

MISSION

- Socialization of disabled young people and their parents through joint creativity and art-therapy.
- Development of integrative theater.
- Creating a positive public performance experience for young people with disability.

OBJECTIVES

- to involve disabled young people in the art of the theater and help them to realize themselves
- to produce performances
- to perform

TARGET AUDIENCE

- young disabled people
- parents of disabled children
- professional actors and theater directors

PROJECT SUMMARY

Our creative collective, consisting of disabled young people and their parents, works on a production of the performance. Those of our members, who has speech impediment, take part in choreographic episodes or make stage props. Parents are involved into all stages of production. We perform our spectacle for a wide audience to present personal and collective achievements of the participants of the project. Our collective is looking forward to taking part in one of the international integrative theater festivals in Ukraine, Poland or Belarus.

PERSPECTIVES OF DEVELOPMENT

Theater studio “Ramp” uses art-therapy as means for social and creative rehabilitation of people with disabilities and their parents to let them expand their social circle and gain the opportunity to develop their creative abilities. The principles of inclusion will contribute to changing stereotypes towards people who have a disability.



CREATIVE INCLUSIVE WORKSHOP

«THE GOOD RIVER»

SVETLANA DEMIDENKO

assistant professor of Department of Speech-Language
Pathology of Maxim Tank Belarusian State Pedagogical
University, Ph.D.

Minsk / Kolodishchi

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-04>

MISSION

- to include autistic children, who are home schooled, in work of our creative collective
- to show the possibilities of using the available social and educational resources of the “small”, close to home, territories in order to include children with psychophysical developmental features into the public cultural life

OBJECTIVES

- to develop vocal and music skills of the participants of the creative inclusive workshop, to teach them to act according to the script and to navigate in new situations, etc.
- to develop the ability of participants of the creative inclusive workshop to interact with typical children, to include them in joint creative activities
- to provide training for teachers of general and additional education on the methods of working with children with psychophysical challenges such as autism, intellectual deficiency, severe and multiple disabilities

TARGET AUDIENCE

- children with psychophysical developmental challenges
- teachers of the education system (general and special)
- teachers of additional education



PROJECT SUMMARY

Agro-town Kolodishchi is located not far from Minsk, the population is about 18000 people, it has its own information Internet portal, secondary school, House of Culture, leisure centers, developed infrastructure. We prepared a report on the opening of the “Inclusive creative workshop”, which was posted on the website of the information portal of the agro-town and also sent invitations to parents and children with psychophysical developmental challenges, who go in a local secondary school, which provides integrated learning and educational environment, and to typical children, who is being home schooled.

Maxim Tank Belarusian State Pedagogical University «Inclusive theatrical workshop» has started its work on the base of Kolodishchi House of Culture. We invite home-schooling children, children with ASD and children with educational challenges to take part in production of theatrical performances. Every child is welcome in our workshop.

For each participant we choose a role that will be interesting to them and let them to apply their abilities. The organizers have experience in this kind of work and know how each child needs success and recognition. The first performance - “The Journey of the Droplet (Water Circulation in Nature)” - is already waiting for its actors. Classes are free of charge.

Parents of children with psychophysical challenges responded to our initiative. Classes are held in the House of Culture of the agro-town once a week. Once in 2-3 months we produce mini-performances. The spectators of the first performance were parents and family members. We have prepared a mini-performance based on the tale of G. Andersen «The Ugly Duckling».

The children presented this performance to the students of 2nd grade of the educational institution “Kolodishanskaya Secondary School”. In order to reduce emotional stress of children with psychophysical developmental challenges during the performance, we introduced elements of interactivity.

Before the performance we learned a song and dance moves with our audience. It is worth noticing what a warm, friendly welcome children of the general education class gave us.

PERSPECTIVES OF DEVELOPMENT

We see prospects for the development of the “Inclusive creative workshop “The Good River ” project in attracting other specialists (students, teachers of additional education, etc.) to work with children.

This will help children with autism, as well as other children with psychophysical developmental abilities, to learn interact with a large number of people. We plan to participate in events, organized annually by a team of teachers of Kolodishchansky House of Culture, such as the International Children’s Day. We are preparing the interactive project “Around the World (Dances of the World’s Nations)”, which we plan to present at the site of a creative workshop for the residents of the agro-town, together with the children and team members. We hope to increase the number of our participants.



INCLUSIVE CHOREOGRAPHIC COLLECTIVE

«METELITSA»

LYUBOV KARGAPOLOVA

TVER BOARDING SCHOOL #2

Tver

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-05>

MISSION

- Spiritual, ethical and aesthetic development of disabled children through choreography and folklore culture.

OBJECTIVES

- correction of musculoskeletal disorders
- development of motor functions, rhythm, body plasticity and body aesthetic
- correction of mental disorders of different origins
- development of moral and spiritual values and sense of beauty
- socialization of children through interaction with other creative groups, including those involving typical children
- children's health promotion
- interaction and co-creation with parents

TARGET AUDIENCE

School students. Students of Tver universities and colleges, who are willing to volunteer for the project.

PROJECT SUMMARY

Our collective has been founded in 2012 on the base of Tver boarding school. Founder and director of the collective is choreographer teacher of the higher category L.A. Kargopolova. During its existence and development, the collective has received great recognition and fame. It is officially registered in the International database of inclusive dance groups. Collective is a winner of the titles «Winner of 2, 3 degrees» of the International Festival «Inclusive Dance» in Moscow (Russia), a winner of the 1st degree of the Russian Easter Festival, participant and winner of regional urban art contests. Photo of the team became the winner of the Internet project and published in the magazine «In Dance – Equal». Collective «Metelitsa» is a prize-winner of 2 degree of Russian creative festival «Inspiration» in nomination «Choreography art» held by Boris Eifman Academy of the Choreography in Saint Petersburg (Russia). In this competition the collective took part on the same basis as other participants.

PERSPECTIVES OF DEVELOPMENT

Every year the team is replenished with new students of the first (preparatory) classes. Due to the active creative stage activity the team became known to a wide range of spectators, respectively, new broader prospects for the participation of «Metelitsa» in various charity events and projects have being opened.



PROJECT «SEVEN» WITH INCLUSIVE DANCE PERFORMANCE «THE OTHER WAY»

**GEORGIAN NATIONAL WHEELCHAIR
DANCE SPORT FEDERATION**

Tbilisi

*Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-06>*

MISSION

The main goal of the project is to create an inclusive dance theater in Georgia to integrate people with developmental challenges and professional dancers through performing arts. The first stage of the project is producing the first inclusive dance performance in Georgia, which in turn will lay the foundation for the main goal – to create a dance company and a collective that will further supervise the establishment of the theater. We also aim at raising awareness of the opportunities of inclusive art, creating jobs (especially for people with special needs), creating a professional theater troupe.

OBJECTIVES

- to create a group of dancers with and without developmental challenges for the implementation of the project
- to form an implementation group for organizational issues
- to conduct special master classes with guest teachers - Kinga Szemessy of Budapest Contemporary Dance Academy (Budapest, Hungary) and Joel Brown, wheelchair dancer of inclusive dance company «CandoCo» (London, UK)
- to make a permanent schedule of training
- to commission costumes and original music for the performance
- to produce video, photo and printed materials for advertising of the event
- to produce the promotional video footage for international festivals and tours

TARGET AUDIENCE

- people with disabilities and developmental challenges ages 10-34
- dancers ages 15-33
- audience ages 5-65+

PROJECT SUMMARY

The idea and the choreography of the performance «The Other Way» belongs to Ketevan Zazanchvili. The music was written by the popular rock-folk band «Asea Sool». The performance lasts 30 minutes. Its idea is quite philosophical and symbolic. To complete her understanding and define all features Ketevan invoked the help of the dancers themselves, taking into account their vision and emotions. The performance consists of the synthesis of contemporary dance, improvisation, elements of Georgian traditional dance and live music.



The performance narrates in the language of the movement the story about the experience of any person who survived a trauma (whether physical or moral). As the action develops, the audience is shown the stages of the inner development and soul searching of the person. In each of the transitions you will see the symbol of «circle» or «sphere», which is mirrored both in circular and smooth movements of dancers, and displayed with the stage lights and formations of the dancers. But the «circle» symbolizes different entities for each stage.

The first stage is Depression: reluctance to communicate with others; a sense of loneliness and sadness; refusal to leave comfort zone or inner world, staying in a bubble of isolation. The action begins with the simple movement of our characters along the street, each has its own personality, gait, energy. Everyone is different, but all are equal persons with their inner worlds. As the story develops, the audience can see and experience various emotions natural to any person. In this episode, the circle appears as a «world of dreams» or «sphere» of protecting a person in the times of depression and sadness.

The second stage is Resistance. At this point, a person realizes that they need changes and tries to get out of depression or distressed state. Here, in addition to the «circle», the rubber bands play symbolic meaning as a synonym for resistance or association for «bound». A person not only wants to feel better, but also struggles with internal contradictions, internal «demons», as well as with the people around them and circumstances that prevent their «metamorphosis». In the end, they manage to throw off the shackles. At this stage, the symbol of «circle» appears here as a «vicious circle», from which it is very difficult to get out.

And the third stage is Acceptance. Only through acceptance of oneself and acceptance of life as an opportunity to live it is possible to find the path to happiness and harmony. The climax of the performance leads the audience to the idea that, regardless of appearance and personal diversities, all people have their own particular way in life and we all are connected by simple truths: someone comes into our lives to help us, someone - to teach us something, some people remain in our lives, others just pass by us. This symbolism is shown to the audience by dancers who draw their own unique paths with chalk - «another way», a path of self-acceptance, and not self-destruction. In this part, the «circle» is a symbol of harmony and unity in our lives

PERSPECTIVES OF DEVELOPMENT

Prospects for the project are great. First of all, this is still the first precedent of creating this kind of art in Georgia, which can serve as an impetus for the development of a whole niche of inclusive art in the country. Our goal is to have a theater or a theater-type venue dedicated specifically to our dance company and other inclusive theatrical groups working in this direction. This will give us more independence and save money for the renting of other venues.

After the premiere of the play, we immediately got new prospects. Together with the Ministry of Culture of Georgia, we are developing the program of inclusive dance for our State University of Theater and Cinema. Also, with the financial support of new sponsors, we have begun a two-month masterclass program on inclusive dance in the regions of Georgia, where we train dancers and teachers for the development of inclusive arts in the regions.

We also opened a regular class of inclusive dance for all who have a wish to dance, as a base for development of our project, in Tbilisi (Georgia).

We also want to get an annual budget from the state to support the work of our dancers.



FAMILY INCLUSIVE-THEATER «I»

FAMILY INCLUSIVE-THEATER «I»

Minsk

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-07>

MISSION

We want to help to promote equal opportunities for creative development of children with ASD and help them in their socialization.

OBJECTIVES

To produce professional performances for the whole family, with adults and children, including those with ASD, playing on stage together. There is a special space for children created in our theater, where they discover their talents, learn acting, plastic, choreography and vocal. And most importantly, they learn to communicate.

TARGET AUDIENCE

Children with ASD and typical children.

PROJECT SUMMARY

Our team managed to create a platform that not only realizes the creative potential of children with autism, but also changes the attitude of Belarusians to the problem of autism. We are sure that soon we will be able to live in a society where people are treated equally and with respect.

Today there are 78 talented children in the theater troupe, including 22 children with ASD. And in the creative portfolio of the theater there are already four full-scale performances: “The Flute-Charadzeika”, “Chygunka”, “The Tale of the Wolf Forest”, “The Tree of Tales”. We are preparing for the premiere of a new play «Adnoichy u vyaliznym goradze.»

PERSPECTIVES OF DEVELOPMENT

We plan to open a center for socialization of children with special needs, where they can not only receive the help from specialists, but to develop their creativity.



SPECIAL THEATER

PUBLIC ASSOCIATION

«RAY OF GOOD»

Bishkek

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-08>

MISSION

Development of inclusion in the society. Development of children and teenagers with disabilities through art.

OBJECTIVES

To organize the creative club for children and teenagers with Down syndrome to make opportunities for them to communicate and develop their creative potential.

TARGET AUDIENCE

Children and teenagers with Down syndrome.

PROJECT SUMMARY

“Special theater” is a creative studio, which serves simultaneously as a platform for communication, creativity development and increasing the potential of economic solvency for people with Down syndrome. The participants receive royalties for conducting performances in kindergartens and schools.

We also engage mothers of children with Down syndrome, giving them an opportunity to work in workshops, thereby also helping them to improve the economic situation in their families.

PERSPECTIVES OF DEVELOPMENT

The project not only helps to promote the activity of persons with Down syndrome, but also gives them the opportunity to earn. In addition, we conduct public speeches which we see as a very important step towards the adaptation of people with Down syndrome into the society and breaking stereotypes of their perception by common people.



SPECIAL THEATER «LESTNITSA»

MARINA RALINA
MUNICIPAL INSTITUTION HOUSE OF CULTURE "SOKOL"
Lipetsk

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-09>

MISSION

- to create of additional conditions for communication of disabled people
- to create opportunities for disabled people to realize their abilities through art of theater
- to form a positive awareness of the personal uniqueness and completeness of the individuality of disabled people in the society
- to involve self-government bodies and legislative structures in solving the problems of this social category

OBJECTIVES

- to include disabled people into the society and creative activities
- to find creative, dedicated and interested in the art of theater disabled people and unite them into a creative theatrical group
- to learn acting profession, stage speech and movement
- to involve youth volunteers, psychologists, artists and public figures to work in the project
- to involve the media to spread information about the project
- to assess our achievements

TARGET AUDIENCE

Disabled adults ages 18+.

PROJECT SUMMARY

This project is a real opportunity for a person with limited physical abilities to open up personally, to realize a creative individuality through the incredible magic powers of art, in his majesty the Theater. This also means improving the quality of life and successful socialization

Today the theater unites 25 special actors ages 20-66 with various physical disabilities



Over the years, we have released 7 theatrical performances:

- S. Prokofieva “The Clock with the Cuckoo”
- N.V. Gogol “May night”
- A. Volodin “Lizard”
- “Echelon of memory” timed to the 70th anniversary of Victory in WWII
- A.P. Chekhov “Jubilee”
- Paul Gallico “The snow goose”
- V. Shukshin “Thoughts”

The theater team will be composed of people (ages 18 and older) who have a disability and have expressed a desire to engage in theatrical creativity. In order to have a creative atmosphere and exchange stage experience is also good to have professional actors, people without disabilities and children to participate in the project and theater production. The audience of the performance consists primarily of relatives and acquaintances of the participants, people with disabilities from Lipetsk, all interested residents, representatives of public and youth organizations, municipal structures, services, by the nature of their activities collaborating with disabled people. This project is in demand because it creates opportunities for psycho-emotional realization of the creative abilities of disabled people and helps them to adapt to modern conditions of life.

Amateur association of people with disabilities, a special theater «Lestnitsa», was created in 2011 on the basis of the municipal cultural institution House of Culture «Sokol» on my initiative. Today I, Marina Ralina, am the leader and theatrical director of the group. We won a municipal grant from the administration of the city of Lipetsk for staging a performance with disabled actors. A group of typical teenagers ages 12-17, students of theater studio for children, joined the theater. Classes are free of charge.

PERSPECTIVES OF DEVELOPMENT

- to increase the number of participants
- to increase a level of proficiency
- to produce large-scale and small theater performances
- to found a school for theater volunteers
- to invite specialists: psychologist, consultants, choreographer and vocalist
- to tour to other cities and countries
- to organize a festival of special theaters



INCLUSIVE CREATIVE STUDIO «E-MOTION»

INCLUSIVE CREATIVE STUDIO “E-MOTION”

Kazan

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-10>

MISSION

- to establish an inclusive competitive creative team
- to establish a contemporary plastic musical emotional theater, theater without borders
- to remove barriers between regular people and people with disabilities
- to develop a positive image of an active person with disability, through the means of theatrical creativity
- to develop a world-wide inclusive society

OBJECTIVES

- to determine responsibilities for participants (both with disabilities and without) in creating performances and development of the studio
- to delegate authority to the participants
- to encourage collective reflexion after the performances and joint activities
- to conduct creative educational intensives (periodically organized retreats for 5-8 days for intensive work and team building activities)
- to develop aesthetic taste and professional qualities of the participants through joint trips to theaters, museums, exhibitions, excursions
- to let participants to spend their free time together in karaoke bars, dance clubs, cinemas, have trips to nature and play board games in the time-café
- to expand the horizons of the participants
- to switch the focus of attention from one's own problems and diseases to universal values

TARGET AUDIENCE

People over 6 years old, with or without a disabilities. All inhabitants of planet Earth, since we can come anywhere in the world, for example, by means of online broadcasts of our performances.



PROJECT SUMMARY

Creative inclusive studio «E-MOTION» has began its work on September 24, 2016 in Kazan (Russia) on the basis of the Palace of Culture «Youth». The participants of the studio are young people with and without disabilities ages 18+ from all over the city.

Classes in the studio are aimed at development of creative potential of the participants, their teamwork abilities and free communication between people with and without disabilities. We have vocal, acting, stage movement and speech, psychology, team building and etc. classes. The participants of the studio realize their skills and knowledge through performances. The uniqueness of the project is in authorial productions, which are created taking into account individual physical capabilities of the participants in order to fully realize the potential of each participant.

We invite different teachers and practitioners (make-up artists, hair stylists, photographers, graphic designers, musicians, artists, designers, decorators, animators) to work as volunteers in our studio.

We produced performances «#hearts of the city», «Country of broken toys», «Scarlet sails, Confession of Assol»; sketch based on the novel by Maxence Fermin «Snow». Also we took part in the first city family inclusive festival. We organized and conducted work of the inclusive site «City of open hearts» timed to the Republic Day.

Under the patronage of the Ministry of Labor, Employment and Social Protection of the Republic Tatarstan and Culture Department of Kazan, we held creative educational intensives, had tours within the Republic Tatarstan and Chelyabinsk region (Russia). We conducted social screenings for wards of institutions for disabled persons. We participated in international festivals: «Characters» (festival of amateur theaters) and «Expansion of the spectrum» (festival of contemporary academic art).

PERSPECTIVES OF DEVELOPMENT

We would like to give our participants an opportunity to be employed in our studio and make it their profession. We would like to open branches of “E-Motion” studio in different regions of Russia and share our practice with people from different cities and countries.



MUSIC INCLUSIVE STUDIO «VYASELKA»

**SOCIAL CHARITABLE INSTITUTION
“CENTER FOR APPLIED BEHAVIOR
ANALYSIS «METHOD ABA”**

Minsk

*Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-11>*

MISSION

To create an inclusive environment to develop creative potential of children with developmental disabilities.

OBJECTIVES

Provide conditions for socialization and development for children with disabilities within the framework of music inclusive studio «Vyaselka.» To develop social tolerance towards children with disabilities.

TARGET AUDIENCE

“Vyaselka” studio participants.

PROJECT SUMMARY

Students of musical school under a supervision of specialists help children with developmental challenges to learn the necessary music pieces and perform exercises for the development of musical abilities in the framework of joint creative activity.

Children take part in production of short videos promoting inclusion. In one of those videos, “We are on the same wave”, you can see students of the inclusive musical studio “Vyaselka” and employees of the Center.

PERSPECTIVES OF DEVELOPMENT

We plan for children with disabilities to participate in contests and festivals, concerts and various musical events to popularize their work. Children also participate in the framework of small groups of the Center in order to form social communicative skills.



INCLUSIVE SPORT

#inclusivesport
#thebestinclusivepractices
#competition2018



«CHANGE THE STEREOTYPES, SPORT IS FOR EVERYONE!»

DOWNSIDE SPORT
Tashkent

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-12>

OBJECTIVES

- to reduce percentage of orphans among children with Down syndrome
- to professionally inform the society about Down syndrome
- to provide an opportunity for children with developmental challenges to realize themselves through sport

TARGET AUDIENCE

Children with developmental challenges and their parents.

PROJECT SUMMARY

We are non-commercial social informational project that supports families, raising children with developmental challenges.

For 4 years of its existence our project implemented:

- sports competitions;
- information actions;
- information trainings for pre-school institutions.

We also help families with special children.

The founder of the project is Anisa Shamsutdinova, certified gymnastics and swimming trainer and mother of sunny son.

PERSPECTIVES OF DEVELOPMENT

We plan to bring our project to the international level.



INCLUSIVE CHILDREN TENT CAMP «VIDCHUI»

PUBLIC ORGANIZATION «VIDCHUI»

Kiev

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-13>

MISSION

To organize recreational and educational activities for students of boarding schools for hearing impaired children from different regions of Ukraine, to assist their integration into the society and adaptation to life outside the institutions. To promote tolerance towards hearing impaired people among typical teenagers. To encourage an active healthy lifestyle and leisure.

OBJECTIVES

- to include children with hearing impairment in recreational and educational activities together with their peers from different regions of Ukraine
- to organize children's recreation in ecologically clean environment
- to develop and actualize children's physical, spiritual and creative potential
- to help children with hearing impairment to adapt to independent life in the society

TARGET AUDIENCE

- students of Ukrainian boarding schools for hearing impaired children
- socially active children and teenagers ages 8-17 interested in sport

PROJECT SUMMARY

Hearing impaired children usually spend their school years within the walls of specialized boarding schools, being this way cloistered in an artificial social reservation, because they constantly communicate only with their own kind - people who speak sign language. In modern Ukraine the study of the sign language is not popular among regular people. So after graduation, children with hearing impairment are immersed in a very stressful way into the society, to which they are not at all accustomed to, and they have no idea how to establish communication with the world.

After a while, as a result, they acquire a set of complexes and fears associated with communication. On the other hand, hearing children and teenagers rarely see hearing impaired people in their everyday lives, and have no ways to get experience of communication with them. As a result, both sides have communication problems with each other.

Our camp is a team, consisting of hearing impaired and typical children and adolescents. As our goal is socialization, we do not discriminate our students on the basis of their hearing ability. The recreational and educational program of our camp consists of not just sport activities, but also offers complex exercises for self-development. During the day, our students are always busy.

PERSPECTIVES OF DEVELOPMENT

This project is included in the six largest projects of the public organization «Vidchui» and is registered in the Development Strategy of the organization for the future. Next year, we plan to increase the number of shifts from two to three.



TEAM «THE WINGS OF ANGELS»

“TEAM “THE WINGS OF ANGELS” INSTITUTION

Minsk

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-14>

MISSION

- to integrate families with disabled children through sports activities
- to inform the society about the abilities and needs of people with disabilities, including severe forms

OBJECTIVES

- to support disabled people with various forms of disabilities, including severe physical and mental impairments, to take part in mass sports events such as international marathons and half marathons
- to organize mass sports events with accessible environment
- to organize the work of all-year-round sport club for families with disabled children
- to organize open athletic training for the running community of Minsk with the participation of children with severe disabilities from psycho-neurological boarding schools

TARGET AUDIENCE

- families with children with disabilities
- the society

PROJECT SUMMARY

The Wings of Angels team was created by parents of children with severe disabilities (cerebral palsy, ASD) about 3 years ago after the current director of the team, Dmitry Timashkov, ran 21 km of the Minsk half marathon, pushing the wheelchair with his daughter Lily, who has a severe form of cerebral palsy.



Now we have focused our activities in 3 main areas:

- 1. We support (by providing wheelchairs and the help of sports volunteers) the participation of people with disabilities, including severe disabilities, in sports activities. Our crews of healthy athletes and people in wheelchairs participated in the marathon and half-marathon distances in Minsk (Belarus), Kiev (Ukraine), Sochi (Russia), Barcelona (Spain), Venice (Italy), Seville (Spain) and other cities.
- 2. We organize the work of free all-year-round sports club “Wings of Angels” for families with disabled children at the Republican Center for Olympic Athletics Training in Minsk. Training is attended by 24 families with children with disabilities.
- 3. Twice a year we conduct inclusive charity runs “The Wings of Angels” in Loshitsky Park in Minsk, gathering about 500 participants, from famous athletes to orphans with severe disabilities. We are trying to change the mindset society has become accustomed to when seeing people with disabilities: in our events they are not “suffering”, “chained to a wheelchair”, “offended by fate”, but partners who want to share the joy of sports victory.

PERSPECTIVES OF DEVELOPMENT

In the coming years we plan to create initiative groups of runners on wheelchairs in the regional cities of the country (there is already such a group in Vitebsk), as well as to establish a mass production of wheelchairs for running and outdoor activities (foreign road models) in Belarus. We want to develop (along with our children with disabilities) new sports (cycling, canoeing, triathlon), to lay the first routes of accompanying adventure tourism in our country (cycling, water and hiking). We have a lot of ideas, and need just time to bring them into reality!



BOWLING TOURNAMENT «PODOLIA SUNNY CUP»

PUBLIC ORGANIZATION “VINNYTSIA DOWN SYNDROME”

Vinnytsia

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-15>

MISSION

To raise money to open a Center for support of families with children with Down syndrome and other developmental challenges.

OBJECTIVES

To hold a charity bowling tournament in the largest shopping center of the city to inform a large number of people about people with Down syndrome. To unite different groups of the city residents and people from other regions (representatives of government, business, sports, friends, relatives of sunny families (about 20 teams)) who contribute to the development of the inclusive society in our city. We'd like to show the capabilities of people with Down syndrome to the society: their desires, feelings; to show what they really are, to dispel the myths about the syndrome. To unite people, make friends, raise funds to equip the center.

TARGET AUDIENCE

Different groups of the city residents and people from other regions (representatives of government, business, sports, lawyers, bankers, designer, friends, relatives of sunny families).

PROJECT SUMMARY

The idea of the project was born last year. Since we are a public organization and we don't have consistent funding, and it is necessary for us to find a way to raise money for our projects, we decided to hold a fundraising bowling tournament. Our first experience was quite successful, but for the first time only 11 teams participated. We spend the money to print information to be given to the new parents who just had sunny babies. Thanks to the successful first experience, we decided to continue the tradition next year. This year there were 19 teams already. Additionally we partnered with the clothes designer Katherine Fox to have her collection shown as a part of our event. 40 models participated in the show, 8 of them were children with Down syndrome.

PERSPECTIVES OF DEVELOPMENT

In our opinion, we managed to build a great annual tradition. Bowling tournament is dedicated to March 21 - the day of people with Down syndrome. This helps not only to inform society about Down syndrome, but to give emotions to everyone: both guests and organizers. This helps the average man to plunge into the world about which many do not even think. We are not just asking for money. It's boring! We give people Emotions in return!!! Positive, joyful, kind and bright. We give an opportunity to families with children with Down syndrome to understand that life has not ended when a special baby was born. Life goes on and it could be even more meaningful and fulfilling. We give parents the opportunity to understand that, in fact, the society is ready to accept their children, we have only to make it aware...



ART-INCLUSION

#artinclusion
#thebestinclusivepractices
#competition2018



STUDIO OF INCLUSIVE CREATIVITY

AUTONOMOUS NON-PROFIT ORGANIZATION «STUDIO OF INCLUSIVE CREATIVITY»

Samara

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-16>

MISSION

Integral social, psychological and physical rehabilitation of people with disabilities through interaction with their regular peers

OBJECTIVES

- to unite people with and without disabilities in a joint creative process
- to make opportunities for creativity
- to encourage persons with disabilities to become professionals and teach arts and crafts
- to discover the creative potential of people
- to increase tolerance towards people with disabilities in the society
- to develop personalities and self-esteem of participants

TARGET AUDIENCE

- children and adults with disabilities
- regular children, teenagers and adults without age restriction (volunteers, parents, socially active persons)
- practitioners: choreographers, artists, art teachers, including those with disabilities

PROJECT SUMMARY

The inclusive creativity studio is the first permanent and accessible for children and adults with and without various disabilities project in the Volga Federal District (Russia) uniting creative people and independent organizations working in the field of physical, mental and emotional rehabilitation of people through creativity. We work in 8 areas: workshop of arts and crafts, theater, fashion theater (creating collections of clothes and ornaments), vocals, dance studio, capoeira, psychological laboratory, noise band. The studio unites more than 50 people with and without different physical and mental health problems, 25 of them below 18 years old.

PERSPECTIVES OF DEVELOPMENT

Each solo concert, given by our studio in the hometown, increases both the number of participants in our studio and the number of people beginning to perceive disabled people as a norm of the society and interested by talents of disabled persons. We constantly conduct inclusive dance master classes and inclusive theatrical practices, share experiences with practitioners and colleagues from other cities. This year we have launched Festival of inclusive creativity, designed to attract as many people as possible to the concept of creative inclusion both in the hometown and in the Volga Federal District.



INCLUSIVE FAMILY FESTIVAL «SUITCASE OF WONDERS»

**AUTONOMOUS NON-PROFIT ORGANIZATION «UNION
OF GOODHEARTED»**
Naberezhnye Chelny

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-17>

MISSION

To promote the idea of inclusion, socialization and integration of children with disabilities in our hometown by creating an environment for creative self-realization.

OBJECTIVES

To create opportunities for an active, creative realization of disabled people together with typical children and teenagers.

TARGET AUDIENCE

Children and teenagers with disabilities, their parents, city residents.

PROJECT SUMMARY

The inclusive family festival «Suitcase of Miracles» has been held since 2013. Annually more than 1000 participants, 40 partners and 100 volunteers take part in the organization of the festival. The main site of the festival is the «Hospital», where children become doctors and clowns are their patients. During the festival a zone of various master classes - creative, culinary, sports, work. We also organize a site of animal-assisted therapy (therapy with dogs), sports grounds, a reader's club for children and their parents. There is the concert for all guests, where the students of leisure establishments, creative teams of the city, as well as the Inclusive Theater «Wake up» performs.

Inclusion is a process designed to take into account and meet diverse needs, through increased participation in educational, cultural and social life. Participation in the festival contributes to the personal perception of individuals and their perception of children and teenagers with disabilities as members of the society. The project aim is to encourage children and teenagers with disabilities and their regular peers to interact with each other and with their environment. As the result of the festival, the Inclusive Theater «Wake up» was created, where children with various disabilities develop their creative abilities through theatrical forms. At the moment, 25 disabled children and 30 regular children are engaged in the theater.

PERSPECTIVES OF DEVELOPMENT

We'd like to bring our experience to the other cities of the Republic Tatarstan (Russia) like Elabuga, Nizhnekamsk, Zainsk.



INCLUSIVE DANCE THEATER «CARNIVAL»

INCLUSIVE CENTER “CARNIVAL”

Kemerovo

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-19>

MISSION

To create an inclusive space allowing to develop creative potential, talents and cultural identity of disabled children in contact with their typical peers.

OBJECTIVES

To form a demand for the cultural development of special children; to popularize choreographic, musical and theatrical art; to introduce dance-motor therapy in the process of rehabilitation of special children; to teach students the art of dance, music and theater; to create a methodological base for inclusive creative work; etc.

TARGET AUDIENCE

Disabled children and their families, typical children, teachers and specialists working with special children.

PROJECT SUMMARY

The inclusive Center «CARNIVAL» is a family center of creativity and rehabilitation of children and adults with physical and mental disabilities and developmental impairment. This is the first and only creative organization in the Kemerovo region, the main goal of which is to create an inclusive space that allows to develop creative potential, talents and cultural identity of disabled children in contact with their typical peers.

Today, when the number of disabled children is growing every year, our performances are and will be in demand, because they help not only our actors, but also let audience to see the lives of people with special needs. For the participants of our center, especially for children with disabilities, performances are a lifetime that they live outside their home, for many it is the only opportunity to be themselves in a team, because they are understood and accepted as they are. For them, it is an opportunity to reveal their creative abilities, which sometimes they and their parents are not aware of. And for the typical children and ordinary adults it is an opportunity to receive an “vaccination” of mercy, tolerance, understanding of another reality, humanism. The sun shines equally for us all. This is all about us.

PERSPECTIVES OF DEVELOPMENT

To increase the number of children and parents participating in the project; to develop authorial programs and methods of inclusive work in various creative areas; to share our experience with the educational programs of pedagogical colleges and universities; to scale our project; to enter the international level of interaction with similar organizations.



INNOVATIVE PROJECTS

#individualprojects
#thebestinclusivepractices
#competition2018



CENTER OF HAPPINESS 21

OXANA MARKOVA
FOUNDER OF THE PROJECT
Cheboksary

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-20>

MISSION

This project was created to show Everyone that there can be no restrictions for a happy life. No matter how old you are, whether you have a disability, what your social status is - at our events We welcome everyone.

OBJECTIVES

To show people with disabilities that limitations are only in our head and thoughts. For a happy successful life our gender, age or disability doesn't matter. We'd like to show what a person with a disability can do - possible sports, trends in art, hobbies, and the opportunity to earn with one's hobby.

I organize daytime play therapy groups in a children's entertainment center, during the summer I hold a day camp, I conduct all sorts of urban inclusive holidays on various subjects and hand-made fairs, the Transformation project, where a disabled adults get to see how beautiful they are (we do a make over), and many other projects.

TARGET AUDIENCE

No limitations

PROJECT SUMMARY

All the projects within the Centerofhappiness21 were created to help people with disabilities and their families to accept this fact, to show them that they can do a lot, if there is a desire and interest - every project is inclusive - the whole family participates in it. All projects are completely free for people with disabilities and their families.

PERSPECTIVES OF DEVELOPMENT

I would like to show on my own example to the whole country, that if you've got an idea, you can make it a reality even if you don't have money. I would like to hold not only short-term day camps, but full-time one. In perspective I would like to help families with disabled children to claim their rights and understand the law. I've got a lot of plans and perspectives, it's not enough time in my days!



OPEN SPACE

SCHOOL “TALENT”

Dniprorudne

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-21>

MISSION

To create an educational environment that contributes to the successful socialization of children with special educational needs. To form partnerships between all participants working in the educational process. To provide support and specialized assistance to families with children with special educational needs.

OBJECTIVES

Consideration of opportunities for the child’s participation in the educational process and their support, continuous monitoring of cooperation, the development of parents’ competence, coordination of correctional and educational activities.

TARGET AUDIENCE

Pedagogical collectives, parents of students who study in an inclusive form of education, specialists of consulting commissions, representatives of local government bodies.

PROJECT SUMMARY

The idea of the project arose in connection with the participation of the educational institution in the pilot scientific and pedagogical project of the Poroshenko Foundation “Development of an inclusive educational environment in the Zaporozhye region”. The project coordinates the activities of parents, teachers of children with special educational needs, medical professionals, local authorities in the field of educational services and creating an educational environment. The inclusion of the child in the educational process involves the organizational and preparatory stage (carrying out diagnostics, monitoring, studying the expectations of parents, children) studying the legal framework, socio-psychological, specialized training of teachers who create material and technical bases. The practical stage includes organization of educational activities; preparation of individual development programs; support of children; psychological support of parents; conducting educational and consultative meetings with specialists in children’s nosology; organization of volunteer activities; exchange of experience; popularization of social ideas in the field of shaping public attitude toward children with special educational needs as equal citizens.

PERSPECTIVES OF DEVELOPMENT

To give support to families with children with special educational needs. To give help. To help children to understand their place in the society. To teach tolerance towards people with disabilities to all participants of the educational process and city community.



TO LIVE BRIGHT

CENTER OF PSYCHOLOGICAL CORRECTION “HOPE”

Stavropol

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-22>

MISSION

To overcome communicative, social and behavioral barriers on the way of including a disabled child into the society.

OBJECTIVES

To create a poly-modal expressive field through group work in these directions: theater, music, kinesiology, art. To develop expressive abilities of verbal and non-verbal children as a base for informed contact. To create developmental environment. To provide psychological and pedagogical support of a process of integration a disabled child into social environment.

TARGET AUDIENCE

Children with challenged development, including hearing, vision, speech, musculoskeletal, mental, emotional impairment, ASD of different degrees of severity.

PROJECT SUMMARY

After analyzing the main communicative, social, behavioral problems of children with developmental difficulties, it is easy to conclude that most of them relate to problems with expression. Expression is a vivid manifestation of feelings, moods and thoughts. In a broader sense it is a heightened expressiveness, achieved by the totality of verbal and non-verbal means and depending on the manner of execution of these means. Thus, expression may appear to be the antipode of «communicative difficulties». Is it worth to think about the possibility of a child, a child with a diagnosis, go to the opposite pole of his life, his development, his sensations and ideas? Worth it. It is worth thinking about it. Worth trying. It is worth working on.

Our center is actively working on this problem and, together with our «little clients», is trying to find a solution to this difficult task. To do this, the project “To live bright” was created.



We begin our acquaintance with the basic definitions, such as “a work with a field”, “a work within a field” and what they represent. The “field” is the basis, it covers, develops, determines, directs, forms and cultivates. The “field” relevant to the child is determined by their deficiency function, or the function that is desired for development. Full immersion, intermodal immersion provides an effective and sustainable result that affects the multifaceted development of the child’s psyche and personality.

In the correctional work of our center, we use work with the “field” in different directions - this is the theatrical field, art field, kinesiological field, musical field, each of them is both a separate “field” and part of the “expression field”.

How does this method work, what is its mechanism? To understand how it works let’s take a look at the sequence of work with the child in the «field of expression»:

1. Formation of primary emotional awareness;
2. The formation of awareness in the techniques and methods of expression of feelings;
3. Development of elementary skill;
4. Building a line of skills;
5. Contact duplication of plot, role, behavioral lines;
6. Free acting out of “expressive lines”;
7. Accumulation of a number of «expressive lines»;
8. Creating complex «expressive lines»;
9. Reaching subsequent levels of the “expressive field” and their subsequent development according to the sequence.

This sequence of work allows systemically and volumetrically work with the “expressive field” of the child from the zero point, from the point where dysfunction of mental development started. Means of realization of this method are correctional groups identified with a certain “field” through deep immersion and systemic presence in this “field”, i.e. being in several modalities of expressive manifestations at the same time (for example, theatrical, musical and kineological).

PERSPECTIVES OF DEVELOPMENT

To improve the quality of life of children with developmental difficulties. To break children with developmental difficulties from the state of isolation from society.



MARATHON OF HEALTHY SWIMMING SINCE BIRTH

OLGA GULYAEVA

GROUP OF COMPANIES "HEALTH OF THE NATION", FAMILY RECREATIONAL
CENTER
Lipetsk

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-23>

MISSION

Promotion of swimming as a means of healthy family lifestyle and health improvement since birth; support and development in the field of infant and early swimming, healthy and adaptive swimming for children; hydro-rehabilitation for children with impaired health.

OBJECTIVES

- systematization of existing experience in the field of infant and early swimming, healthy and adaptive swimming for children; hydro-rehabilitation for children with impaired health from the first month of life;
- searching for effective ways to familiarize people with health-improving swimming from an early age;
- defining existing problems in the chosen field and development of long-term strategies for the development of parents' awareness, popularization and interaction among practitioners: physicians, teachers and psychologists;
- development of the awareness of the society, officials, business, charitable and social organizations and parent community of health-improving capabilities of the aquatic environment in relation of health issues among preschool children, including children with health impairments.

TARGET AUDIENCE

- Practitioners engaged in the physical education of children ages from 1 month and up to 7 years old with the use of an aquatic environment (instructors and swimming trainers; specialists in adaptive swimming and hydro-rehabilitation; teachers; students interested in issues of infant and early children's health-improving swimming).
- Wide-profile practitioners (physicians, paramedics, teachers, trainers, athletes), the public and the parent community.
- Parents of children with impaired health; officials and representatives of charitable and social funds; teachers of related specialties involved in the rehabilitation and adaptation of children with impaired health.



PROJECT SUMMARY

The project is economically beneficial, does not require significant material investments, is easily accessible for a wide range of parents with different levels of wealth and literacy in matters of non-drug health care, specialists of different profiles, and concerned public. It can be implemented in any conditions with proper organization of space and up-to-date relevant information on the Project problem. Project implementation format: The project is timed to the United Day of Swimming “For a Healthy Future” in the Lipetsk region, presented by the educational 3-day Program to support and develop infant, early, children’s recreational and adaptive swimming, hydro-rehabilitation for children with disabilities from the first month of life.

Forms:

- Workshop for specialists.
- The conference.
- Lecture-workshop for parents of children with disabilities.
- Interview with parents of children with disabilities.
- Game (A play space, organized by volunteers, for children with disabilities who came to the event with their parents).
- Round table.
- Presentations and reports.

The project was implemented by it’s author Gulyaeva O., a teacher with 25 years of experience. Instructors, trainers, teachers, doctors, university teachers and parents of disabled children took part in the project.

PERSPECTIVES OF DEVELOPMENT

As our project unites teachers and medics, there is a good opportunity for exchange of experience, which can also become a stimuli for building new family and children’s leisure centers with pools.



MOTION IS LIFE

ANNA KLEPIKOVA

Saint Petersburg

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-24>

MISSION

We aim to create conditions for rehabilitation and socialization of disabled children and young people by the means of choreography, including dance therapy.

OBJECTIVES

- to gather a volunteer team of 15 choreographers, 9 people have already volunteered, and we plan to find the rest till March 2019
- to look for social institutions, non-commercial organizations and charitable foundations working with disabled persons in Saint Petersburg (Russia) to become our partners
- our choreographer's team develops dance methodology and devises a work program
- to look for partners interested in development of creative potential of disabled children and young people, their rehabilitation and inclusion into the society. We make presentations for potential participants of our project and their parents
- to form dance collectives and conduct sessions for disabled children and young people
- to stimulate children with disabilities to develop their attention, memory and mental abilities
- to conduct dance workshops and creative gatherings
- to perform during various city events
- to develop inclusive education in the field of choreography using social rehabilitation centers for disabled people and children in Saint Petersburg

TARGET AUDIENCE

Disabled children and young people.



PROJECT SUMMARY

The project “Movement is life” is a social direction in choreography, as a way of rehabilitation and adaptation of children and young people with disabilities. The main idea of the project is that children and young people with disabilities, who need socialization and rehabilitation, interact with all project participants by immersing them in dance and creative activities.

First of all, the project gives children and young people with disabilities an answer to the question “How and where can one realize oneself?” Through choreography classes, performances at creative competitions and participation in creative master classes. Development of inclusive education in the field of dance art is of particular importance to the project. Students of specialized universities, who are invited to conduct classes for children and young people with disabilities of groups II and III in social rehabilitation centers, charitable foundations, thereby receive the much-needed practice of working with special people. Dance therapy, in turn, contributes to the socialization and rehabilitation of children and young people with disabilities, to development of their self-service skills in everyday life, their ability to control their body and creative abilities. In addition, the project involves participants from creative associations of the city youth through joint activities with project partners, which also contributes to creating an accessible and comfortable environment for people with disabilities. For example, for the concerts, held within the framework of the project, we create joint performances for children with and without disabilities.

In the future, special young people join the socio-cultural activities, thanks to participation in dance festivals, competitions and their infusion into a healthy youth environment. At the same time, their physical and spiritual conditions improve. Also, in order to unite dance groups and project participants, work with parents is carried out, which has a good effect on the quality of results of the project.

PERSPECTIVES OF DEVELOPMENT

- opening of the creative direction of the project
- training volunteers / volunteers-choreographers by methodology analysis
- education in the Russian Association of Dance Teachers
- work with parents
- keeping diaries of dancers (for children)
- launching of the project’s advertising campaign (autumn 2018)
- starting inclusive dance school in one of the districts of St. Petersburg (autumn 2018)
- cooperation with institutions (up to 15 by the end of 2018)
- cooperation with partners
- searching for the investors (2 permanent)
- interaction with parents and holding family workshops



INCLUSIVE VOLUNTEER TEAM ORGANIZATION

**ELENA ALEKSEEVA, VASILIIY BUTKO
VYACHESLAV YABLUNENKO**
DON STATE TECHNICAL UNIVERSITY
Rostov-on-Don

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-25>

MISSION

To support the events involving hearing impaired people.

OBJECTIVES

- organization of volunteer work,
- education of the volunteers; learning and practicing Russian sign language,
- partnership with inclusive educational organization,
- support of the inclusive education in a university,
- search for resources for organizing inclusive social events,
- monitoring of the information and analyzing a demand for events promoting social inclusion,
- helping to create a better social image of hearing impaired people.

TARGET AUDIENCE

Hearing impaired children and adults.

PROJECT SUMMARY

The volunteer activity of an inclusive team involves the training of volunteers, which creates the basis for successful cooperation with educational institutions and the effective promotion of the organization of inclusive educational practices. The educational program of the Social Work department of Don State Technical University has more than 10 years of experience in inclusive student learning, the curriculum includes the disciplines «Russian Sign Language», «Surdopsychology and Surdocommunication» and others. A successful search for ideas and resources for holding inclusive events by volunteer students is “fueled” by their own experience in higher inclusive education, co-education of students with regular and special educational needs and opportunities.

By the way of conducting interviews, surveys, observations, experiments, statistics, volunteers analyze social needs in social events, successfully organizing them, thereby promoting the value of social inclusion.

PERSPECTIVES OF DEVELOPMENT

Successful activities of an inclusive volunteer team in organizing and conducting social activities for people with disabilities, actively cooperating with the Russian Society of Deaf People; expanding the space of inclusion, promoting the values of social inclusion.



THE SKY WITHOUT BARRIERS

ANNA YABLOKOVA

Petrozavodsk

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-26>

MISSION

To create opportunities for improving of emotional condition of people with disabilities, increasing their self-esteem, expanding the limits of their own possibilities through the acquisition of a flight experience on the ultralight trike.

OBJECTIVES

- to provide an opportunity to fly on the ultralight trike;
- to provide qualified assistance and support during the flights;
- to provide psychological support aimed at activating and developing personal resources of young people with disabilities, increasing their self-esteem, correcting their emotional state;
- to develop an active life position in young people with disabilities;
- to develop skills for independent decision-making.

TARGET AUDIENCE

Legally competent persons with disabilities (I, II, III groups with varying degrees of severity) ages 18-45.

PROJECT SUMMARY

The project «Sky without barriers» is designed for adults (ages 18-45) with disabilities, who have a desire to improve their emotional, psychological and physical state. Suppressed with difficulties of everyday life and its struggles, as well as with physical, mental and sensory disorders, disabled persons often do not have the opportunity to express themselves fully or simply forget about their pleasures, desires and dreams, deny their bodies' needs for positive emotions and a full life.

In addition, the prejudiced attitude of society, social exclusion and discrimination prevents the fulfillment of desires and satisfaction of needs. But needs must be met, and dreams have to come true.



The main dream of a person with a disability is to be healthy. But there is not always an opportunity to make this dream a reality. However, there is an alternative - if you can't become completely healthy, you can make yourself feel like you are, feel another state of your body, allow your body to remember it, and enjoy the feeling of being a strong and healthy person and, as a result, change the emotional state in a positive way, raise self-esteem, overcome certain fears. One of the opportunities to fulfill these needs may be reached through flying on the ultralight trike. There is an opinion that if you fly in your sleep, you grow up or ... recover. So, we must fly.

Flight on ultralight trike is an opportunity to overcome your fears and stereotypes, to soar high into the clouds and to enjoy the free flight over the most beautiful places, that take your breath away! The opportunity to feel with every cell of your body an indescribable sense of boundless freedom, to feel strong and healthy, to look at the scenery from a bird's eye view, to get rid of everyday problems fraught with stress and depression.

The project «The sky without Barriers» prepares people with disabilities to fly ultralight trike and conducts the flights. Thanks to the project, disabled people have an opportunity to improve their emotional, psychological and, to some extent, physical condition.

The project consists of theoretical and practical parts designed to improve participants' emotional state, increase their self-esteem, as well as their awareness of the limits of their own capabilities.

PERSPECTIVES OF DEVELOPMENT

The project was meant to be one-time occasion, but after it had concluded, we received an application to continue it, as there is a lot of demand for the kind of the activity we have to offer. In this regard, we consider it necessary and expedient to continue working in this direction if additional financing is received.



JOURNEYS OF THE DREAM

AUTONOMIC NON-COMMERCIAL ORGANIZATION CENTER FOR SOCIAL AND EDUCATIONAL PROJECTS DEVELOPMENT "AURA"

Kaliningrad

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-27>

MISSION

This project was created to develop all kinds of accessible and educational tourism.

OBJECTIVES

- to help a person with any form of disability to fulfill a dream while traveling;
- to increase personal status and believe in your strength;
- to get an intellectual and aesthetic enrichment.

TARGET AUDIENCE

Disabled people of any age, ethnicity, social status and their care takers.

PROJECT SUMMARY

All trips are thematic for people with disabilities from different regions of the Russian Federation, united by one dream, hobby or goal. The travel program provides an introduction to the history and geography of the regions, including sightseeing programs and educational activities.

Each tour, excursion, event is organized in accordance with all safety requirements. The programs take into consideration the physical conditions and the capabilities of the participants. Having provided everything necessary for comfortable accommodation, the main focus is on educational activities. Participants will be able not only to fulfill their dreams, but also to get the opportunity to learn various skills in theory and practice.

PERSPECTIVES OF DEVELOPMENT

Organizing tours for disabled children.



A FUTURE TEACHER. A CHILD WITH SPECIAL EDUCATIONAL NEEDS. PARENTS: COMMON GROUNDS

OXANA GORDIYCHUK
YURII FEDKOVYCH CHERNIVTSI NATIONAL UNIVERSITY
Chernivtsi

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-28>

MISSION

To increase the level of vocational training of future primary school teachers in inclusive education of children with special educational needs by involving them into charity activities of the Charitable Foundation “M’yata” and cooperation with the parents-organizers of the Public Organization “Children’s Palms”.

OBJECTIVES

- to develop the program for the modernization of the training of future primary school teachers for the inclusive education of children with special educational needs
- to invite future elementary school teachers to take part in a complex of charitable events together with the team of the Charitable Foundation “M’yata”, with the aim of helping, supporting, socializing and developing children with special educational needs
- to involve parents of children with special educational needs, organizers of the Public Organization “Children’s Hands”, in the educational activities of students of the specialty “Primary Education” in the course of studying “Updates of Inclusive Pedagogy”

TARGET AUDIENCE

Future primary school teachers; children with special educational needs; parents of children with special educational needs; teachers; representatives of public and charitable organizations.



PROJECT SUMMARY

We took part in 17 events:

November 3, 2017 - Participation in the seminar «A special child in a regular school» (Kharkiv-Chernivtsi);

November 16, 2017 - Preparing for the New Year holidays. Making Christmas toys. We are together: children, parents, students;

December 7, 2017 - New Year's photo session «A Miracle for the Amazing»

January 30, 2018 Charity Event «Art Without Borders»;

February 14, 2018 - “Love That Heals” - the manufacture of felt toys in the shape of a heart along with special children;

February 21, 2018 - Master class «The snow melts from the warmth of the soul»;

March 7, 2018 «Congratulations to moms and special children»;

April 2, 2018 - International Day of Information about Autism, people around the world wear blue clothes, and we are not an exception;

April 3, 2018 - Easter Workshop for children with special needs;

April 4, 2018 - Meeting between students of the specialty «Primary Education» and professional mom Tatiana Barashkov;

April 16, 2018 Workshop on creating an inclusive educational environment at school;

April 18, 2018 - Lecture «The organization of inclusive schooling in line with the reforms of the New Ukrainian School»;

May 2, 2018 - Meeting between students and the mother of a special child on the topic: “The nature of autism”;

May 3, 2018 - “We support” Lemon jam made with love by the mother of the little boy Luka, who needs money for treatment, today has become a tasty addition to the tea party for people with special needs of the «Rostock» club;

May 10, 2018 - Ice-cream party. Ice cream making workshop with special children;

May 16, 2018 - “Inclusion, or a close glance ...” Students meeting with the mother of a boy with autism;

May 17, 2018 - Flashmob «Embroider patterns» for students and children with special needs in the town square.

PERSPECTIVES OF DEVELOPMENT

Organization of joint charity events, training seminars, workshops, trainings, video lectures with the aim of informing, motivating and practical training of future primary school teachers for inclusive education of children with special educational needs.



CAREER DEVELOPMENT CENTER

OLGA LBEIKO
BARANOVICHI STATE UNIVERSITY
Baranovich

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-29>

MISSION

To increase the level of competitiveness of graduates with disabilities in the open labor market.

OBJECTIVES

- to help graduates with disabilities to learn to plan an individual career path;
- to obtain up-to-date, detailed information about vacancies in the labor market, requirements for a candidate for a vacant position, labor functions, working conditions;
- to provide support for graduates with disabilities in choosing and getting a job that meets their needs and abilities;
- to ensure cooperation with the state employment service bodies, individual entrepreneurs and organizations, acting as potential employers;
- to introduce modern and effective methods of organizing the system of employment of young professionals with disabilities.

TARGET AUDIENCE

Disabled senior students.

PROJECT SUMMARY

Career Development Center is a social project for students with disabilities, aimed at providing them with individual assistance and support in finding and obtaining work in the open labor market. In our work, we use the “supported employment” method. In the Republic of Belarus, educational institutions, developing the practice of inclusive education, do not have the practice of promoting the employment of graduates with disabilities. The project is aimed at solving this problem.

PERSPECTIVES OF DEVELOPMENT

Successful implementation of the project will allow the practice of the center to work in institutions of vocational, secondary special and higher education working with students with disabilities.



INCLUSIVE CAMP «DRUZHNIY»

NATIONAL ASSOCIATION FOR EDUCATION DEVELOPMENT “TETRADKA DRUZHBY”

Perm

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-30>

MISSION

To organize an inclusive space for joint recreation of disabled children and young people and their ordinary peers to let them to develop their creative potential, support their professional self-identification and successful socialization.

OBJECTIVES

- to create conditions for specialists, willing to work in inclusion system, to teach them professional competences and practices;
- to create conditions for training professional competencies and practices of specialists who are ready to work in the system of inclusion;
- to create conditions for the creative realization and live communication of disabled children and their ordinary peers;
- to create conditions for the professional and creative realization of parents of disabled children through personal participation in programs of an inclusive camp;
- to attract the attention of state and regional departments and institutions to the importance of professional training in the field of inclusion and the relevance of system programs for the socialization of children and young people with disabilities.

TARGET AUDIENCE

- children and young people with and without disabilities ages 5-25;
- parents;
- teachers;
- specialists working in the field of inclusion.

PROJECT SUMMARY

The inclusive camp «Druzhniy» opened its doors in March 2016 in the Perm region. The authorial programs of the inclusive camp are formed on the basis of the Russian program “Tetradka Druzhby”.

The main principle of the implementation of the “Tetradka Druzhby” program is the accessible conditions for all participants.

For over 13 years, children with disabilities have been taking part in the “Tetradka Druzhby” program along with ordinary Russian schoolchildren.

The inclusive environment of the “Tetradka Druzhby” program excluded dependent approaches. All «special» participants went beyond the range of objects of activity, becoming full-fledged subjects in volunteer, sports and creative projects.



The duration of the inclusive shift is six days. For six days children live, engage in creative work and make friends in mixed inclusive groups. Each camp shift is devoted to a particular subject (“Theater BOOM”, “Event Film”, “Volunteering Without Borders”, etc.). Thanks to the authorial program of the camp, the participants are fully immersed in the given topic. It is important to note that every day in the camp is themed. Not a single day is like the previous one, which is why children are interested in going from one shift to another.

The daily routine in the camp involves a change of active and passive activities, which reduces the risk of fatigue in children of all ages and physical abilities. The program is fully adapted for disabled people, which allows absolutely everyone without any obstacles to participate in events, games, master classes. The schedule of the day’s activities is structured as follows: exercise, breakfast, acquaintance with the theme of the day and tasks, morning workshop, adaptive physical education classes, lunch, thematic walk, preparation for the evening event, evening event, disco (Orlyatsky circle), reflection.

In each team there are 10-12 people. Teams are formed in accordance with the age of the participants in the shifts. Parents, whose children are not capable of self-service, fall into the senior team. The parents’ team along with everyone participates in all activities, thereby letting parents to be participants.

The idea of creating an inclusive camp «Druzhniy» is actual, as in Russia there is no integrated system of inclusive children’s leisure. In some regions, camps are held for children with disabilities or for children and their parents. The real inclusive camps in the country are actually few. For the Volga Federal District, the inclusive camp “Druzhniy” is the only platform for the socialization of children and young people with disabilities. The inclusive camp “Druzhniy” is a unique camp, where children with and without disabilities live for six days. It is important that in all events children and parents participate on equal terms.

The inclusive camp «Druzhniy» becomes a platform for the socialization of young people with disabilities in a healthy society.

The camp becomes an important platform for socialization, social adaptation and rehabilitation of children with disabilities, opens up new perspectives in creative and professional orientation. Thus, the camp not only helps children with disabilities, but also erases stereotypes and prejudices about people with disabilities in the society.

PERSPECTIVES OF DEVELOPMENT

- This inclusive platform is a universal effective technology that is of interest to other regions of Russia.
- The camp «Druzhniy» can become a pilot site in the Volga Federal District on the formation of human resources for inclusive camps, training and internships for volunteers and leaders of non-commercial organizations.
- On the basis of “Tetradka Druzhby” program it is planned to establish a Center for the training of inclusive volunteers.



EXPLORING KURSK OBLAST WITH TINY STEPS

YULIANA ZHAGAPAROVA

TATYANA MALTSEVA

**KURSK REGIONAL PUBLIC ORGANIZATION “CENTER FOR YOUTH TOURISM AND
ENTERPRISE DEVELOPMENT «SODEYSTVIE»**

Kursk

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-31>

MISSION

Development and implementation of a comprehensive animation, tourist and excursion program of children’s inclusive tourism, aimed at socialization and adaptation, expansion of creative abilities of children with disorders of the musculoskeletal system - students of boarding school №2 named after G.A. Karmanov, Kursk (Russia).

OBJECTIVES

- to collect and process information about legends, tales, traditional crafts of the Kursk oblast;
- to develop inclusive excursion routes with elements of animation and master classes for children with disorders of the musculoskeletal system («Tiny Toys» and «Merry Weaver»);
- to develop inclusive animated folklore game programs for children with disorders of the musculoskeletal system (for different age groups);
- to attract leading tour operators, artisans from Kursk and Kursk oblast to the project;
- to conduct the main activities of the project (the program of familiarization with children «Kroshechka-Khavroshechka and her friends», the organization of excursion routes with elements of animation and theatricalization «Traveling with Kroshechka-Khavroshechkoy in the Kursk oblast», children’s holiday «Till we meet again»);
- to conduct surveys, selective questioning of program participants;
- to assess the project, developing plans for further cooperation.

TARGET AUDIENCE

Students of boarding school №2 named after G.A. Karmanov, Kursk (Russia).



PROJECT SUMMARY

The main idea of the project “Exploring Kursk Oblast with tiny steps” is to develop and implement a comprehensive animation, tourist excursion program of inclusive tourism for children with disorders of the musculoskeletal system of the Kursk region.

At the moment, among the proposals of tour operators and travel agencies of the Kursk region there are no proposals on the organization of inclusive tours for persons with disabilities.

To implement the project, information on folklore, traditional crafts of the Kursk oblast will be collected and processed, inclusive guided tours with elements of animation and master classes, as well as folklore game programs for children with disorders of the musculoskeletal system will be developed and implemented.

PERSPECTIVES OF DEVELOPMENT

In 2019, the project “Following the Roads of Battle of Kursk” will be implemented, which implies a comprehensive tourist-excursion program of military-patriotic themes. Target groups of the project: children with disorders of the musculoskeletal system and hearing impaired children.



WE ARE TOGETHER

POLINA GLADKIH

PERM REGIONAL BRANCH OF THE RUSSIA PUBLIC ORGANIZATION OF THE DISABLED

RUSSIA SOCIETY OF THE DEAF PERSONS

Perm

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-32>

MISSION

To create conditions for the rehabilitation of people with disabilities by means of culture and art.

OBJECTIVES

To produce and perform the concert program «We are together» engaging persons with hearing impairment and wheelchair users from Perm (Russia) and its region. To inform Perm community about our project. To invite physically challenged people to take part in the amateur art. To design costumes for our performance.

TARGET AUDIENCE

Persons with hearing impairment and physically challenged wheelchair users.

PROJECT SUMMARY

The project is aimed at the rehabilitation of people with hearing disabilities and wheelchair users through culture and art. The project's goal is to develop their desire to actively participate in the life of the society, to unite people with different forms of health impairment in a creative cultural community. We plan produce new concert items, design concert costumes.

People with physical disabilities are experiencing informational and aesthetic hunger in their everyday lives. Because of their impairment, disabled persons today do not have enough opportunities to apply their creative activity within the meager forms of leisure that are available to them. Hearing and physically impaired persons live in two different worlds and have no points of contact with each other. These two groups of people exist apart due to the lack of a common language of communication and common interests. Due to this circumstance, both presented audiences live cloistered lives; in the socio-psychological terms, they feel their discriminatory nature by the fact that their potential creative abilities are not in demand by the society. Each person in his own way solves these problems: someone closes inside the four walls of their home, someone tries to distract themselves with the help of alcohol. To help a person to get out of this state can not be done by pity and meaningless sympathy, but by support of community, another's positive and optimistic example. Such an example are the participants of the "Grotesque" wheelchair dance ensemble and «Singing Hands» gesture singing ensemble. It is possible to solve the problem only by uniting together into the proactive community.

PERSPECTIVES OF DEVELOPMENT

We see our future in producing new concert items, designing new images and new costumes. Also we would like to perform in different venues in Perm (Russia) and in other cities.



SCHOOL OF SOCIAL COMPETENCE

**ODESSA CHARITABLE ORGANIZATION
“SUNNY CHILDREN”**

Odessa

*Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-33>*

MISSION

We aim for the social inclusion of children with special needs and for development of skills of social competence and social entrepreneurship.

OBJECTIVES

- to increase the social competence of a group of children with special needs, developing social entrepreneurship skills (developing soap production skills, anti-stress toys, souvenirs, making brooches and bracelets, decorating paintings);
- to provide help for parents of children with special needs, teachers and school psychologists in selecting adequate means of communication with this category of children (in particular, art therapy, teaching the method of interactive social stories using puppet therapy, etc., which may help to harmonize child-parent relationships and relationships between a child and the society);
- to provide practical experience of social interaction with children with special needs for undergraduate and graduate students participating in the project and practical skills in compiling social histories on the topic of inclusion;
- to ensure equal opportunities for full development and subsequent social interaction of each child participating in the project, regardless of social status, psycho-physiological and personal characteristics;
- to create a barrier-free environment that allows children with special needs to overcome social exclusion;
- to raise public awareness about the possibility of preventing the maladaptation of children with special needs through the expansion of information about the project through social networks and personal communication;
- to develop opportunities for social adaptation of children with special needs and their families.

TARGET AUDIENCE

Children with special educational needs.



PROJECT SUMMARY

- The dissemination of information about the project allows the public and specialists to be familiarized with the possibility of preventing the maladaptation of children with special needs;
- Organizing and conducting master classes on the manufacture of puppets for theatrical performances allows to form social competence, tolerance, prepare social and cultural practices of social histories;
- Organizing and conducting the contest of social histories among students contributes to the development of tolerance, the ability to show empathy and humanity, improves social competence, allowing students to learn how to compile social histories and get a rationale for their practical significance;
- Compilation and publication of methodological recommendations for conducting trainings and master classes increases the level of public awareness about the possibility of preventing maladaptation of children with special needs and children with high risk, increasing the possibility of their social adaptation.
- Organizing and conducting children's mini-trainings in the organization "Sunny Children" together with university students allows children with special needs to join the social environment and expand their social contacts: "Personal boundaries", "Road traffic school", "How to behave with a stranger", "Home alone", "What to do if you are lost (in the store, on the street)", "Things you found on the street", "I have a new pet", "How to say no", "Shopping in the store", "Invite a friend to visit you", "Gift for a friend", "How to behave in a cafe", "I'm on the street alone", "How to start a conversation", "How buy a cake".
- Organizing and holding of the art exhibition "I want to tell ..." raises an awareness of the society on the issue of inclusion, breaking stereotypes about children with disabilities.

PERSPECTIVES OF DEVELOPMENT

Thanks to our project, children with special needs and their families get an opportunity to be integrated into the system of social relationships, experience professional self-realization, which will significantly affect the quality of life of each family and allow them to level their marginal status. In addition, undergraduate and graduate students of the K.D. Ushinsky South Ukrainian National University will gain practical experience of participation in social projects and information how to create an inclusive educational space, as well as a number of other skills.

Successful implementation of the project will help to raise awareness of the society about children with special needs and to promote tolerance and understanding. We plan to conduct regular seminars and trainings on social competence in different institutions in our city and region. This will allow teenagers with special needs to gain entrepreneurship skills and to become successful members of the society.



INCLUSIVE KINDERGARTEN

PRIVATE PRESCHOOL EDUCATIONAL INSTITUTION “CHILDREN DEVELOPMENT CENTER - KINDERGARTEN ”PRESCHOOL ACADEMY”

Cheboksary

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-34>

MISSION

Development, education and socialization of disabled children of preschool age in inclusive environment.

OBJECTIVES

To teach disabled children to live in a society the way their typical peers do.

TARGET AUDIENCE

Disabled children ages 1,5-7 and their parents.

PROJECT SUMMARY

We base our educational process on next programs:

Pre-school educational program “Detstvo”;

T. Zinkevich-Evstigneev’s method “The path to magic. Theory and practice of fairytale therapy”.

We also use dedicated English, psychology and speech developmental programs. We pay close attention to using health-saving technologies and development of emotional intelligence. All groups in our kindergarten are inclusive.

A wide range of additional educational services for typical and special children is organized in kindergarten: a noise orchestra, chess, recreational gymnastics, preparation for school, choreography, yoga, English, vocals, an art studio, a drama school, etc.

Our kindergarten is a receiver of multiple medals and diplomas of All-Russian competitions. In March 2014, the kindergarten received an Honorary diploma in the nomination «Active Participant in the Implementation of Priority National Projects» at the International Forum «Innovation and Development» under the Department for the President of the Russian Federation, 2017 - Diploma of the All-Russian Competition «Educational organizations of the XXI century. League of Leaders - 2017» in the nomination «The best inclusive educational institution», 2018 - Diploma of the winner of the All-Russian competition «Best pre-school educational organization - 2018», Diploma of the winner of the All-Russian competition “Educational organizations of the XXI century. League of Leaders - 2018» in the nomination «The best inclusive educational institution».

The private kindergarten «Pre-school Academy» is a vivid example of a new education project for children of preschool age.

PERSPECTIVES OF DEVELOPMENT

We would like to share our experience with other kindergartens around the world. Also we have to establish a consultation center for parents and recreational camp for children.



MUSEUM FOR EVERYONE!

ELVIRA MAMLEEVA
NESTEROV BASHKIR MUSEUM OF FINE ARTS
Ufa

Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-35>

MISSION

The purpose of this program is to create productive conditions to provide the socio-cultural adaptation for people from deprived social classes and children with disabilities through their familiarization with fine art and active artistic creativity, using the museum space and art-therapeutic methods of work.

OBJECTIVES

Developing personal, spiritual, moral and aesthetic qualities in challenged persons, allowing them to learn and appreciate fine arts, museums, art culture in general and perceiving art as a source of strength for the development of the creative attitude toward life; to give our participants an opportunity to change their lives for the better.

TARGET AUDIENCE

We offer classes for people with movement disabilities, mentally challenged persons, persons with speech, sight and hearing impairments.

PROJECT SUMMARY

We developed a series of classes that allow it's students to get basic knowledge about fine arts (painting, graphics, sculpture, as well as folk arts and crafts). To make mastering of the skills easier, there are practical part in each lesson.

PERSPECTIVE OF DEVELOPMENT

Our project has been included in social educational program of Nesterov Bashkir Museum of Fine Arts.



ASSOCIATION OF STUDENTS WITH SPECIAL OPPORTUNITIES

ASSOCIATION OF STUDENTS WITH SPECIAL OPPORTUNITIES OF SURGUT NATIONAL UNIVERSITY.

Surgut

*Online info
(including photo and video)
<https://inclusivepractices.life/BIP/F18-36>*

MISSION

The mission of our project is to help disabled students to adapt to the life in the University.

OBJECTIVES

We'd like to share the experience of Association of students with special opportunities of Surgut National University in including disabled students in University's life.

TARGET AUDIENCE

Students.

PROJECT SUMMARY

We, Association of students with special opportunities of Surgut National University, would like to share our experience in including disabled students in University's life, to tell how it works in our University and maybe encourage other universities to found similar associations.

PERSPECTIVES OF DEVELOPMENT

We aim at full inclusion of disabled students in active life of the University.



INCLUSIVE SPACE OF CHILDREN'S DREAMS «SUNNY WORLD»

PUBLIC ORGANIZATION “KHERSON OBLAST ORGANIZATION FOR SUPPORTING OF CHILDREN WITH DOWN SYNDROME AND THEIR FAMILIES “SUNNY CHILDREN OF KHERSONSHCHINA”

Kherson

Online info

(including photo and video)

<https://inclusivepractices.life/BIP/F18-37>

MISSION

To create a space where children with Down syndrome can communicate and develop together with ordinary children.

OBJECTIVES

- to create conditions for comprehensive development of children, including those with disabilities
- to give families emotional and informational support
- to create opportunities for implementing principals of inclusion in children’s environment
- to promote positive attitude toward communication with disabled children
- to encourage the state and business to participate in life of children with Down syndrome

TARGET AUDIENCE

Children and their families.

PROJECT SUMMARY

The Public organization “Sunny Children of Khersonshchina” spent more than three years conducting public events, raising money, teaching specialists for working with children with special needs. Having received three rooms in the social rent in the premises of the city hospital, parents of children with Down syndrome renovated them, using money collected by the benefactors of Kherson, the region and Ukraine. Each of the rooms was equipped for its intended purpose: a sensory room, a game room and a Montessori room for individual lessons. A team of specialists who work with children was assembled. From October 2017 until today we have conducted more than 600 lessons for children with specialists; more than 15 workshops; more than 7 recreational activities for children; more than 9 presentations for parents; more than 200 counseling sessions for parents. The project “Intensive Workshop “We study together” was implemented. In the “Sunny World” every child finds something to do: speech development classes, reading and writing classes, art therapy, an exciting journey into the outside world, physical education, yoga, correction of behavior and coordination. We conduct many workshops and presentations not only for children, but also for their parents. In addition, children meet and communicate together during events and holidays, learn to make friends, help each other.

PERSPECTIVES OF DEVELOPMENT

In the future, we plan to create theater and dance studios, invite specialists to work with children, hold meetings with families, organize seminars and trainings for specialists, and much more.



We thank the **IACD - International Association for Community Development**
for supporting the organizers of inclusive communities

<http://www.iacdglobal.org/>

Organizer of the competition «THE BEST INCLUSIVE PRACTICES - 2018»
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ИНФОРМАЦИОННЫЕ ПАРТНЕРЫ

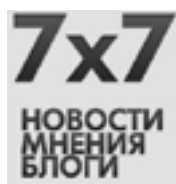


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